

Omnia IPL Treatment Tips

480		
Use: Mild to Moderate Acne		
Skin Types: I-III	Gel: Yes	Cooling: Yes
Notes: Stop acne medications (antibiotics) 1-2 weeks prior to treatments Cover treated area with 1-2 passes 2 treatments per week for 4-6 weeks (8-12 treatments total) 480, with or without ALA, can yield up to 9-12 months of clearer skin Leave ALA on for 30-60 minutes, rinse, treat (2-4 passes focusing on problem areas) ALA is absorbed by P. Acne Bacteria and makes bacteria photosensitive to the 420 (more intense treatment). ALA also decreases oil production of sebaceous glands		
Expectations: No downtime with 480 alone, 480 and ALA causes redness, flushing for 5-7 days, no peeling		
530		
Use: Hyperpigmentation & Superficial Vascular Lesions, Angiomas, Telangiectasias		
Skin Types: I-III	Gel: Yes	Cooling: Yes
Notes: Hyperpigmentation responds best to 530 Use template/gel to spot treat areas with higher energy settings; pulse stack (T) mode improves efficacy 5-6 treatments every 3-4 weeks		
Expectations: Redness and erythema for 1-2 hours		
590		
Use: Skin Rejuvenation / Photofacial IPL - Superficial Vascular Lesions, Angiomas, Telangiectasis, Port Wine Stains, Rosacea, Solar Lentigo, Hyperpigmentation, Café Au Lait, Poikiloderma, Melasma, etc.		
Skin Types: I-IV	Gel: Yes	Cooling: Yes
Notes: Shave area to be treated, avoid treating areas where hair loss is undesirable Use template/gel to spot treat areas with higher energy settings Faces are more resilient, decrease energy by 20%+ when treating the body (neck, chest, arms, back, etc.) 5-6 treatments every 3-4 weeks for pigmented lesions and 6-10 treatments every 3-4 weeks for vascular		
Expectations: Pigmented areas get worse for 10-14 days then flake off, or darken, then fade over 30 days Redness worsens initially, then calms, and fades over 30 days		
640		
Use: Hair Removal & Dermal Hyperpigmentation, Café Au Lait, Poikiloderma, Melasma, etc. for darker skin types		
Skin Types: I-III	Gel: Yes	Cooling: Yes
Notes: Shave area to be treated, avoid treating areas where hair loss is undesirable No plucking, waxing, or depilatories 4 weeks prior to treatment. Shaving is permitted between treatments Quadrant large areas (Back, Chest, Legs, Arms) to mark boundaries (RED marker only) Laser doesn't treat gray, colorless, or red hair 6-10 Treatments 4-6 weeks apart		
Expectations: Hair reduction may need repeat sessions to achieve desired outcomes		
690		
Use: Hair Removal, Hyperpigmentation		
Skin Types: I-IV	Gel: Yes	Cooling: Yes
Notes: No tanning or fake bake or tanning beds for 4 weeks prior to treatments. 690 can be used to treat resistant, deeper hyperpigmentation in darker skin types No plucking, waxing, or depilatories 4 weeks prior to treatment. Shaving is permitted between treatments Quadrant large areas (Back, Chest, Legs, Arms) to mark boundaries (RED marker only) Laser doesn't treat gray, colorless, or red hair 6-10 Treatments 4-6 weeks apart		
Expectations: No downtime. Treated area may be red temporarily. Hair sheds over 2-3 weeks.		
ALWAYS APPLY SUNSCREEN POST IPL TREATMENT		